



Teacher Training Application

Name

Home Phone

Address

Cell Phone

City State zip

Emergency Contact

Email

When did you begin your Yoga practice and why? (feel free to include additional pages)

Where have you studied Yoga, with whom and what styles?

13557 Ventura Blvd, Sherman Oaks CA

Email: teachertraining@risinglotusyoga.com



Teacher Training Application

Please write a short explanation of why you would like to enter this program.

How has your Yoga practice benefited you?

Are there any injuries or chronic problems that we should be aware of?

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Do you have meditation practice?

What do you think makes a good Yoga teacher?

What make a good Yoga Student?

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Name your favorite pose and least favorite pose and tell us why.

From your point of view what is Yoga?

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What do you currently do for work?

Anything else you'd like to share?

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Teacher Training Application

Please attend either Claire Hartley or Daniel Stewart's class and have them sign below. Notify the teacher before class begins that you are applying for the teacher training program and then hand them the application.

Date _____ Teacher _____