



## Teacher Training Application

Name

Phone

Address

Email

Emergency Contact

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When did you begin your Yoga practice and why? ( feel free to include additional pages)

Where have you studied Yoga, with whom and what styles?



## Teacher Training Application

Write a short explanation of why you would like to enter this program.

How has your Yoga practice benefitted you?

Are there any injuries or chronic problems that we should be aware of?



## Teacher Training Application

Do you have a meditation practice?

What do you think makes a good Yoga Teacher?

What makes a good Yoga Student?



## Teacher Training Application

Name your favorite pose and least favorite pose and tell us why.

From your point of view what is Yoga?

What do you currently do for work?



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Anything else you like us to know?

Please attend either Claire Hartley or Daniel Stewart's class and have them sign below.  
Notify the teacher before class begins that you are applying for the teacher training program.

Date

Teacher